PCAL SPORTS RULES
BASKETBALL (BOYS AND GIRLS)
Approved by PCAL Board of Managers – March 2024

1.1 Season of Sport

This sport shall be conducted in the Winter season as defined by the Central Coast Section and State CIF by-laws. See Article V of the By-Laws of the Central Coast Section.

1.2 Start Dates for Practices, Scrimmages and Contests

Dates for the start of practices, of scrimmages, and of contests shall be as set forth in Article V of the By-Laws of the Central Coast Section.

1.3 Contest Limits per Season

Limitations on the number of contests in which a team or athlete may compete shall be as set forth in Article V of the By-Laws of the Central Coast Section.

1.4 Divisions

League play in each gender of this sport shall be conducted in divisions formed according to league by-laws and policies concerning Division Placement (See Article 19 of the League By-Laws as well as the League's Division Placement Policy as published on the League website). Those divisions shall be named as follows: PCAL-Gabilan; PCAL-Mission; PCAL-Cypress; and PCAL-Santa Lucia; and PCAL-Arroyo.

1.5 League Schedules

1.5.1 Round Robin

The league schedule for each Division shall be a double round robin schedule, as may be decided by the League Board of Managers from year to year.

1.5.2 Preparation and Approval of Schedules

League schedules shall be prepared by the League Commissioner and sent to the League Athletic Directors Council for review, modification as needed. The Athletic Directors Council then send a recommended schedule to the League Board of Managers who consider, change as they deem necessary, and vote approval of a final schedule.

1.5.3 Obligation of Schools to Compete According to Schedule

See Article 19 in the League By-laws regarding the obligation of all league schools to compete according to the approved league schedule.

1.5.4 Competition Classifications and Movement of Players

Per the PCAL By-Laws, the three allowable levels of competition shall be Varsity, Junior Varsity, and Frosh-Soph, with priority in that order. For example, if a League school has only one level of basketball, and wishes to participate in the League schedule, that level shall be a Varsity level, unless otherwise specifically authorized by the League Board of Managers. If two levels, they shall be Varsity and Junior Varsity.

Movement is allowed up and down at any time during the season with careful attention being paid to the maximum contest limit for each individual player.

1.6 Contests

The following provisions shall govern all regular season Boys and Girls Basketball contests hosted by a League School. Tournaments or Invitational events may be conducted under differing rules not in conflict with the rule book for this sport.

1.6.1 Rules

Contests in this sport shall be governed by the rules of the National Federation of High Schools for that sport and in accordance with any additional rules set forth in this Section 1.6.

1.6.2 League Contest Start Times

For three games, the start times are 4:00/5:30/7:00.
For two games, the start times are 5:30/7:00.
Any diversion from these start times must be by mutual consent of the administrations of the two schools involved. It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or Athletic Director in such a case and that no teams shall be penalized for transportation difficulties.

1.6.3 Equipment

Teams shall use an NFHS approved game ball.

1.6.4 Host School Responsibilities

1. Shall confirm officials with PSI.
2. Shall provide an NFHS approved game ball.
3. Shall provide a qualified official scorer and a current official scorebook.
4. The timer for contests shall a qualified adult or student.
5. The game announcer shall be a responsible adult or student. The announcer shall not announce during play, editorialize, prejudge the decision of officials or make comments which tend to incite spectators or players and otherwise contribute to the lessening of crowd control, nor shall the game announcer provide a play by play commentary.

1.6.5 Officials

Officials shall be assigned by Peninsula Sports Inc.

1.6.6 Length of Periods of Contests

Length of periods shall consist of four (4) eight-minute quarters for all games -- Varsity, Junior Varsity and Frosh-Soph.

1.7 League Championship Meet/Tournament

There shall be no League Championship tournament.

1.8 League Championship Determination

Each of the Divisions shall have a champion, determined by the league (division) round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

1.9 League Qualifiers to the CCS Playoffs

Currently, PCAL has been allotted eight automatic qualifiers to the CCS playoffs for both Boys and Girls Basketball. Those qualifier spots shall be allocated as follows:

Boys: With four divisions effective 2022-2023, the top four (4) spots shall go to the top four finishers in the PCAL-Gabilan league round robin schedule; two (2) spots shall go to the top two finishers in the PCAL-Mission league round robin schedule; one (1) spot shall go to the top finisher in the PCAL-Cypress league round robin schedule; and one (1) spot shall go to the top finisher in the PCAL-Santa Lucia league round robin schedule;

Girls: With four divisions effective 2023-2024, the top four (4) spots shall go to the top four finishers in the PCAL-Gabilan league round robin schedule; two (2) spots shall go to

the top two finishers in the PCAL-Mission league round robin schedule; one (1) spot shall go to the top finisher in the PCAL-Cypress league round robin schedule; and one (1) spot shall go to the top finisher in the PCAL-Santa Lucia league round robin schedule.

In determining the order of final league standings for both Boys and Girls, ties shall be broken in accordance with the PCAL Tie-Breaker rules set forth in the PCAL By-laws, Article 23.

1.10 All League Selections

Each Division shall have its own All-League selections, with those selections made by the coaches of that Division after the end of the League season. Those selections shall be made and announced in accordance with the provisions of Article 24 of the PCAL By-Laws as well as the PCAL All-League Selection Policy.

END PCAL BASKETBALL RULES.

Nov 2022: Revised allocation Boys CCS Automatic Qualifiers as now only four divisions.
Mar 2024: Revised allocation Girls CCS Automatic Qualifiers as now only four divisions.