

**PACIFIC COAST ATHLETIC LEAGUE**  
**Team Champions**  
**Spring 2023**

**Baseball**

Gabilan ..... Hollister  
Mission ..... Monte Vista Christian  
Cypress ..... Greenfield

**Boys Golf**

Gabilan ..... Stevenson  
Mission ..... Everett Alvarez  
Cypress ..... York

**Boys Lacrosse**

Gabilan ..... Stevenson  
Mission ..... Palma

**PCAL Girls Lacrosse**

Gabilan ..... Scotts Valley

**Softball**

Gabilan ..... Hollister  
Mission ..... Stevenson  
Cypress ..... Monte Vista Christian and Soledad (Co-Champs)

**Boys Swimming and Diving**

Gabilan ..... Stevenson  
Mission ..... Monte Vista Christian  
Cypress ..... Soledad

**Girls Swimming and Diving**

Gabilan ..... Monterey  
Mission ..... Notre Dame  
Cypress ..... Soledad

**Boys Track and Field**

Gabilan ..... Hollister  
Mission ..... Alisal  
Cypress ..... Everett Alvarez  
Santa Lucia ..... Seaside

**Girls Track and Field**

Gabilan ..... Hollister  
Mission ..... Rancho San Juan  
Cypress ..... Stevenson  
Santa Lucia ..... Pacific Grove

**Boys Tennis**

Gabilan ..... Stevenson  
Mission ..... Oakwood

**Boys Volleyball**

Gabilan ..... Carmel  
Mission ..... Seaside