

PCAL-GABILAN GIRLS FLAG FOOTBALL SCHEDULE FALL 2025

APPROVED BY BOM (May 2025)

Pre - Season Coaches Meeting

Monday August 11, 2025 @ Palma 7:00 pm

Sanctioned Jamborees: KC and all others brought to League Commissioner (dates TBD)

1. Fri. Aug 29	ALI @ CAR HOL @ BYE KC @ WAT MON @ SFSCP PAL @ SAL	7. Wed, Sept. 17	MON @ ALI PAL @ KC SAL @ HOL SFSCP @ CAR WAT @ BYE	13. Wed, Oct 8	PAL @ BYE MON @ CAR K.C. @ HOL SFSCP @ ALI SAL @ WAT
2. Mon, Sep. 1	SAL @ ALI CAR @ HOL SFSCP @ PAL WAT @ MON BYE @ KC	8. Mon, Sept. 22	MON @ PAL ALI @ BYE CAR @ WAT HOL @ SFSCP KC @ SAL	14. Mon, Oct 13	HOL @ MON CAR @ PAL BYE @ SAL WAT @ SFSCP ALI @ K.C.
3. Wed, Sept. 3	PAL @ WAT SAL @ SFSCP HOL @ ALI KC @ CAR MON @ BYE	9. Wed, Sept. 24	WAT @ HOL BYE @ CAR ALI @ PAL MON @ SAL KC @ SFSCP	15. Wed Oct. 15	WAT @ ALI SFSCP @ BYE SAL @ CAR PAL @ HOL MON @ K.C.
4. Mon, Sept. 8	BYE @ PAL CAR @ MON HOL @ KC ALI @ SFSCP WAT @ SAL	10. Mon, Sept 29	CAR @ ALI BYE @ HOL WAT @ KC SFSCP @ MON SAL @ PAL	16. Mon Oct. 20	ALI @ MON K.C. @ PAL HOL @ SAL CAR @ SFSCP BYE @ WAT
5. Wed, Sept. 10	MON @ HOL PAL @ CAR SAL @ BYE SFSCP @ WAT KC @ ALI	11. Wed, Oct. 1	ALI @ SAL HOL @ CAR PAL @ SFSCP MON @ WAT K.C. @ BYE	17. Wed Oct 22	PAL @ MON BYE @ ALI WAT @ CAR SFSCP @ HOL SAL @ K.C.
6. Mon. Sept. 15	ALI @ WAT BYE @ SFSCP CAR @ SAL HOL @ PAL KC @ MON	12. Mon, Oct. 6	WAT @ PAL SFSCP @ SAL ALI @ HOL CAR @ K.C. BYE @ MON	18. Mon, Oct 27	HOL @ WAT BYE @ CAR PAL @ ALI SAL @ MON SFSCP @ KC

Weds, Oct 29, 2025	Last Day for League Events per CCS
Thurs, Oct 30, 2025 (4:00 PM)	CCS Seeding meeting (Seeding Forms Due By Noon)
Tuesday, November 4, 2025	First Round CCS
Saturday, November 6, 2025	Final Round CCS
Thursday, November 13, 2025 (4:00 PM)	CCS Evaluation Meeting

League Rep: _____ AD Rep: _____
Contest Limit: 26

Starting Dates:	Dead Period All Sports: No Contact Jul 28 thru Aug 3, 2025. Ltd Contact Aug 4 thru Aug 7
	Practice -Friday August 8, 2025
	Scrimmages: Friday August 22, 2025
	Contests: Thurs August 28, 2025

Contest Start Times: One contest only (4:30 PM) Two contests JV 4:00 PM and V 5:45 PM

Schools (9): Alisal (ALI), Carmel (CAR); Hollister (HOL); King City (KC); Monterey (MON); Palma (PAL); Salinas (SAL); St. Francis SCP (SFSCP); Watsonville (WAT).

DOUBLE ROUND ROBIN