

PCAL-Gabilan TRACK AND FIELD SCHEDULE SPRING 2024

FINAL.Revised Date of Masters Meet

Monday January 22, 2024
Pre - Season Coaches
Meeting @ Palma 7:00 pm

Actual Dates

1. Weds-Thurs, March 20-21

BYE @ Holl
KC @ Pal/ND/Car
Sal @ RSJ

2. Weds-Thurs, March 27-28

Pal/ND/Car @ Sal
Holl @ KC **March 14**

3. Weds-Thurs, April 3-4

Sal @ BYE
KC @ RSJ
Pal/ND/Car @ Holl

4. Weds-Thurs, April 10-11

BYE @ KC
Holl @ Sal
RSJ @ Pal/ND/Car

5. Weds-Thurs, April 17-18

Pal/ND/Car @ BYE
KC @ Sal
RSJ @ Holl

Gabilan Division [V Trials and] JV Finals

Tues April 23 at Rancho San Juan
Field events: 1:30 PM; Track events: 2:00 PM

Gabilan Division Finals

Fri, April 26 at Hollister
Field events: 4:00 PM; Track events: 5:00 PM

PCAL Masters Meet

Fri, May 3 at Pacific Grove
Field events: 4:00 PM; Track events: 5:00 PM

Saturday, May 4, 2024	CCS-Last League Event
Tuesday, May 7, 2024	CCS League Entries due
Saturday, May 11, 2024	CCS Semi-Finals Meet
Saturday, May 18, 2024	CCS Championships
Fri-Sat, May 24-25, 2024	State Championships
Tuesday, May 28, 2024 (4:00 PM)	CCS Evaluation Meeting

League Rep: TBD AD Rep: TBD
Contest Limit: **14 meets not incl PCAL Championships [New per State CIF]**

Starting Dates:	Practices: January 29, 2024
	Scrimmages: February 12, 2024
	Contests: February 19, 2024

Start Times:

Schools (7): Carmel (Car), Hollister (Holl), King City (KC), Notre Dame (ND), Palma (Pal),
Rancho San Juan (RSJ), and Salinas (Sal)

CYCLE YEAR: ONE of 2 year Cycle (Year 1: Order changed by random draw; Year 2 H/A switched)

SINGLE ROUND ROBIN