

PCAL-Cypress TRACK AND FIELD SCHEDULE SPRING 2024

FINAL

Monday January 22, 2024
Pre - Season Coaches
Meeting @ Palma 7:00 pm

Actual Dates

1. Weds-Thurs, March 27-28

Sol @ PG (TC and Y)

2. Weds-Thurs, April 3-4

Mon/PG/Y/TC @ NS

Sol @ Sea/Mar

3. Weds-Thurs, April 10-11

Mon @ Sea/Mar

NS @ Sea/Mar

Note: this gives Sea/Mar 2 meets in one.

4. Weds-Thurs, April 17-18

Sol @ NS

Sol v Mon @ NS

Sea/Mar @ PG (TC and Y)

Cypress Division [V Trials and] JV Finals

Tues April 23 at North Salinas

Field events: 1:30 PM; Track events: 2:00 PM

Cypress Division Finals

Fri, April 26 at Seaside

Field events: 4:00 PM; Track events: 5:00 PM

PCAL Masters Meet

Sat, May 4 at Pacific Grove

Field events: 10:00 AM; Track events: 11:00 AM

Saturday, May 4, 2024	CCS-Last League Event
Tuesday, May 7, 2024	CCS League Entries due
Saturday, May 11, 2024	CCS Semi-Finals Meet
Saturday, May 18, 2024	CCS Championships
Fri-Sat, May 24-25, 2024	State Championships
Tuesday, May 28, 2024 (4:00 PM)	CCS Evaluation Meeting

League Rep: TBD

AD Rep: TBD

Contest Limit: **14 meets not incl PCAL Championships [New per State CIF]**

Starting Dates:	Practices: January 29, 2024
	Scrimmages: February 12, 2024
	Contests: February 19, 2024

Start Times:

Schools (8): Marina (Mar); Monterey (Mon); North Salinas (NS); Pacific Grove (PG); Seaside (Sea); Soledad (Sol); Trinity (Trin); and York (Yor).

SINGLE ROUND ROBIN