

PCAL-CYPRESS SWIMMING AND DIVING SCHEDULE SPRING 2026

BOM Approved

Monday January 26, 2026
Pre - Season Coaches
Meeting @ Palma 7:00 pm

1. Friday March 6

KC @ ALI
 MAR/SEA @ SFSCP
 WAT @ RSJ/ND

2. Friday March 20

MAR/SEA @ WAT
 SFSCP @ ALI
 RSJ/ND @ KC

3. Weds April 1

SFSCP @ WAT
 KC @ MAR/SEA
 ALI @ RSJ/ND

4. Friday April 17

WAT @ ALI
 RSJ/ND @ MAR/SEA
 SFSCP @ KC

5. Friday April 24

RSJ/ND @ SFSCP
 ALI @ MAR/SEA
 WAT @ KC

League Swim and Dive Finals

Wednesday April 29
PCAL Diving Championships
At Carmel
 Warm up at 11:00 AM Meet Start: 12:00 Noon

Thursday April 30 (subject to possible change)
PCAL JV Swimming Finals
At HARTNELL COLLEGE
 WarmUps at 12:30 PM / Meet starts 2:00 PM

Friday May 1 (subject to possible change)
PCAL Varsity Swimming Championships
At HARTNELL COLLEGE
 WarmUps at 10:00AM / Meet starts 11:30 AM

Saturday, May 2, 2026	CCS-Last League Event
Monday, May 4, 2026 (5:00 PM)	CCS League Entries due
Thursday, May 7, 2026	First CCS Event
Saturday, May 9, 2026	Final CCS Event
May 14-16, 2026	State Championships
Tuesday, May 19, 2026 (4:00 PM)	CCS Evaluation Meeting

League Rep: TBD AD Rep: TBD
 Contest Limit: 22 matches (Each guaranteed match in a tournament counts as 1 match)

Starting Dates: Practices: Mon February 2, 2026
 Scrimmages: Mon February 16, 2026
 Contests: Mon February 23, 2026

Start Times: 3:30 PM
 Schools (7B/8G): Alisal (ALI); King City (KC); Marina (MAR); Notre Dame (ND); Rancho San Juan (RSJ);
 St Francis SCP (SFSCP); Seaside (SEA); and Watsonville (WAT).

CYCLE YEAR: ONE of 2 year Cycle (Year 1: Order changed by random draw; Year 2 H/A switched)

SINGLE ROUND ROBIN