Fall 2026 PCAL CROSS COUNTRY SCHEDULE

BOM APPROVED.Revised August 26

Fall Coaches Meeting: Monday, August 10, 2026 at 7:00 PM (Palma)

PCAL REGIONAL JAMBOREES (Participation voluntary)

Salinas City -on Sept 9 at Natividad Creek Park
Monterey Peninsula @ York on August 27
South County@ San Lorenzo Park on August 27

CENTER MEET 1

Weds Sept 16 (3:30 PM)

Cypress and Santa Lucia — **At Pinto Lake County Park hosted by all achools**

Thurs Sept 17 (3:30 PM)

Gabilan and Mission — **At Pinto Lake County Park hosted by MVC/PCS**

CENTER MEET 2

Weds Sept 30 (3:30 PM)

Cypress and Santa Lucia — **At Toro Park hosted by all schools**

Thurs Oct 1 (3:30 PM)

Gabilan and Mission — **At Toro Park hosted by Salinas/Carmel**

CENTER MEET 3

Weds Oct 14 (4:00 PM)

All 4 divisions — **NMC High School course hosted by NMC**

PCAL CHAMPIONSHIPS (All divisions): **Sat, Oct 31 at TORO PARK**

Saturday November 7, 2026	Last League Event
Monday November 9, 2026 (12:00 Noon)	CCS-Entries Due
Saturday November 14, 2026	CCS Championships
Saturday November 28, 2026	State Championships

Contest Limit: 13 meets excluding PCAL Championships

Starting Dates:

Dead Period All Sports: No Contact Jul 27 thru Aug 2, 2026. Ltd Contact Aug 3 thru Aug 6
Practice -Friday August 7, 2026
Scrimmages: Friday August 21, 2026
Contests: Thurs August 27, 2026

League Coach Reps:		**AD Reps:**	
Gabilan:	TBD	Gabilan:	TBD
Mission:	TBD	Mission:	TBD
Cypress:	TBD	Cypress:	TBD
Santa Lucia:	TBD	Santa Lucia:	TBD

Schools by Divisions:

Gabilan Boys (6):	Ali, Car, Holl, NMC, Sal, MVC
Gabilan Girls (6):	Holl, Ali, Ste, KC, Mar, PCS
Mission Boys (7):	PG, KC, Wat, Mar, Ste, EA, PCS
Mission Girls (7):	NMC, Sal, EA, Wat, Car, PG, MVC
Cypress Boys (6):	Gre, PL, Kir, Yor, Mon, Sea
Cypress Girls (20):	Mon, Scat, Gre, NS, Anz, CEI, Kir, Gon, MBA, ND, Oak, PV, Pal, RSJ,Sea, Sol , SFSCP,Trin, Yor, Chart
Santa Lucia Boys (13):	Gon, Oak, PV, NS, Anz, CEI, MBA, RSJ, Sol, SFSCP, Trin, Chart

Center Meet Order of Events **V then JV then F-S. Boys before Girls in each level this year.**